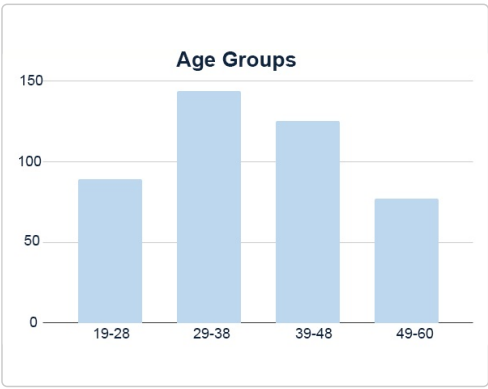




Hamdard Force: Capacity Building II

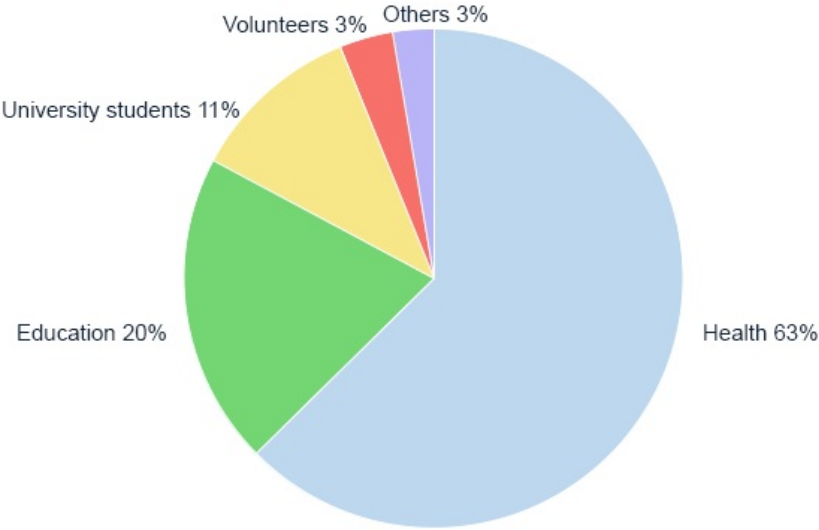
Based on a pre-defined inclusion criterion, and in a collaborative paradigm in the pilot districts of Kohat and Haripur, nominations were received for Hamdard Force from Departments of Health, Education, Special Education, Social Welfare, Women Empowerment and others.

Of the total nominations received, 435 people were registered on the MHPSS portal as Hamdard Force. Two thirds of these nominations were women, most of whom were lady health workers and their supervisors. The age range of the participants was between 19 to 60 years.



Education	No.
High school or equivalent	178
Graduation	140
Masters and above	117
Total	435

Occupational backgrounds



Mr. Muhammad Tanveer, District Education Officer, Haripur, appreciated the initiative, emphasizing its significance for the community. He expressed gratitude for training members from the education department, noting that they will actively engage with the community and refer cases for appropriate service provision.

[Mr. Fawad Hussain](#), Vice Principal, Government College of Management Sciences, Haripur expressed his gratitude for the, much needed, initiative. “We observe many mental health issues in children, but the services are not available due to limited resources. Through the digital system and Hamdard force app, mental health services will be accessible and available”.



[Aliha Batool](#), a university student, stated, “There are many students living with mental health issues in educational institutions, but due to pervasive stigma associated with mental health issues, mental health cases are neither reported nor help is offered. Hamdard Force offers a comfortable and confidential space to vulnerable people where remote support is offered to people in the privacy of their homes”.

[Mr. Kifayat Ullah](#), a clinical psychologist and lecturer in Kohat, expressed his gratitude for organizing the training for students. He shared that the students greatly appreciated the opportunity to learn basic counselling skills and found the training highly beneficial. He emphasized the need for such trainings to be conducted more frequently in Kohat, given the increasing number of mental health cases observed in daily practice.

