



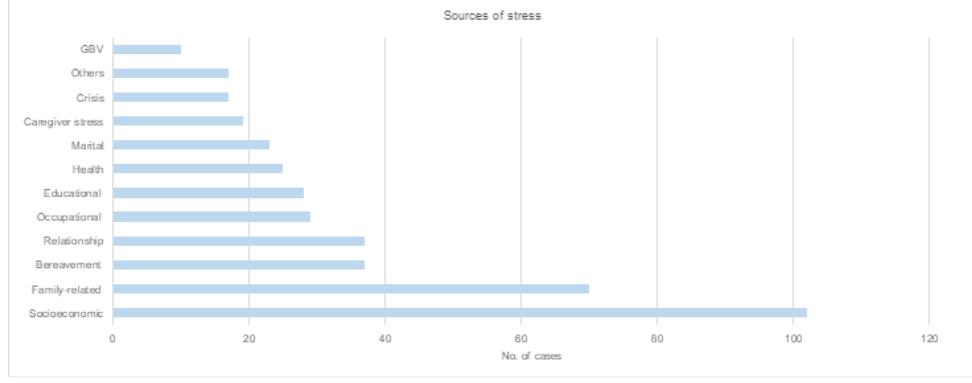
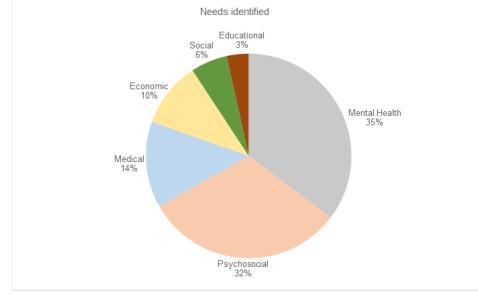
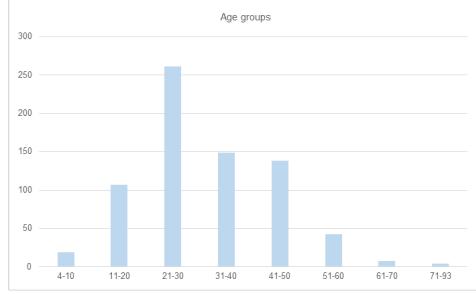
Newsletter 36, dated 27th January 2026

**Khyber Pakhtunkhwa: Pilot implementation of Hamdard Force**

To integrate mental health services in community settings for promoting accessible, acceptable and scalable mental healthcare, Hamdard Force intervention is being piloted in two districts of Khyber Pakhtunkhwa. In collaboration with the Department of Health, Khyber Pakhtunkhwa, a total of 396 members have been registered and trained as Hamdard Force to identify people with psychosocial needs, provide basic psychosocial support, and refer to the MHPSS services. The implementation is being supported by the German Federal Ministry for Economic Cooperation and Development (BMZ) through GIZ and Handicap International in Pakistan.

The Hamdard Force members are connected to the MHPSS web-portal via the Hamdard Force mobile application. In the first three months of pilot implementation, 729 cases have been submitted through the app, out of which 66% are women. There are 349 cases from Kohat and 380 from Haripur.

A preliminary analysis of 200 cases shows that the major stressors are socio-economic difficulties, family-related issues and bereavement. Two-thirds of these cases reported that they do not have social support.



Through intersectoral collaboration, Hamdard Force can play a transformational role in developing a feasible and scalable community mental health intervention for low-resource settings like Pakistan.

**Mental Health Strategic Planning & Coordination Unit**